(The following information comes from a weekly update supplied to the Ogema concerning the tribal government, local communities and issues that affect overall tribal business.

Click here for LRBOI Job Postings http://www.lrboi.com/hr/index.html Click here for LRCR Employment http://www.lrcr.com/employment.html

Register To Vote!

Be sure to register to vote in tribal elections. We have another election coming up soon and you must be registered to let your voice be heard. If you have any questions contact the Election Board.

Fall Membership Meeting. The on your calendar!

Fall Members Meeting has been scheduled for October 9th at Little River. Be sure to put this

Pokagon Band Water Walk date announced See the flyer below for more information on this year's Water Walk.

2nd Annual Wild Rice Camp!

The camp will take place at Tubbs Lake Island Campground in Mecosta County over Labor Day weekend. See the flyer below for details.

Suicide Prevention Program

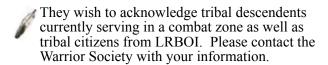
See details below from Be-Da-Bin on a very special two-day training program designed to give you the skills needed to help someone at risk.

> Elders Conference dates announced. The Elders Office has announced their fall conference dates at Little River Casino Resort. The dates are November 6 and 7.



Warriors Society Updates

Warriors Society next meeting is September 4th at the Aki Maadiziwin Community Center



A new ordinance is being reviewed rightnow for the group and it should be available within the next two months.



Wii Bowling League

The CHRs from Tribal Health are holding **Wii** bowling for the Elders at the Community Center on Tuesday afternoons at 1 p.m. The fun game is really taking off and they hope to add more days as more and more people sign up. For more information, contact your CHR or Tribal Health

Elders Meeting:



First

Saturday of every month

Elders Conference dates announced. The Elders Office has announced their fall conference dates at Little River Casino Resort. The dates are November 6 and 7.

Encode your Card!

ID Cards. The Enrollment Department will have the ID machine in the Muskegon Office on October 13th from 9 a.m. until 4 p.m. for those members who need to get the new ID card. Please note that you will not be able to get an ID in Manistee on that date...we only have one machine!

New Language Site

There's a new website, "SpokenFirst" that brings news concerning the teaching of Native American languages.

http://falmouthinstitute.com/language/. Check it out!

(Kateri Circle)

"It is a paradox in the contemporary world that in our desire for peace we must willingly give ourselves to struggle."

--Linda Hogan, CHICKASAW

The Grandfathers have taught us about sacrifice. We have been taught to pray for the people in a pitiful way. Struggle and conflict is neither good nor bad, it just is. Everything that grows experiences conflict. When the deer is born it is through conflict. When the seed first grows, it is through conflict. Conflict precedes clarity. Everything has the seasons of growth. Recognize - acknowledge - forgive and change. All of these things are done through conflict.

Great Spirit, give me the courage today to see that struggle and conflict are here to teach me lessons that are a gift from you

Natural Resources Department

Semma (tobacco) plants are available at the Natural Resource Department weekdays 8:00 a.m. to 5 p.m. They are very large plants ready to be planted at a new home. For more information contact: Bonnie B. Harnish **LRBOI Natural Resource Department**, 159 Brick Yard Road, Manistee, MI 49660 Phone: 231-398-2180 Fax: 231-723-8873

Email: bharnish@lrboi.com

Work Search Computer!

The Commerce Department's Workforce Development Program has had a computer installed for job search and career-related activities at the Commerce Dept., 294 River Street. The computer may be used by any Tribal Citizen or Descendant and they must be signed up with the Workforce Development Program. The department also maintains a hard copy Job Postings Book at the workstation for all job postings through Tribal Government and LRCR, as well as other job resource information.

Come Join the Diabetes Talking Circle

- Learn:
- Myths about diabetes
- Diabetes prevention
- Diabetes risk factors
- Types of diabetes
- Eating healthy, dietary guidelines
- Reading food labels and shopping for healthy foods
- Healthy food preparation
- Traditional foods
- Routine medical care

This group can help support your desire to change your eating habits/diet, support a family member with diabetes, and assist you in making changes to be healthier. Tuesday 5:30 p.m.-6:30 p.m. at the Tribal Health Clinic or Wednesday 1:30 p.m.-2:30 p.m. Aki Community Center. Classes run for 12 weeks. For more information or to sign up for a class contact Holly Davis RN, MSN Diabetes Educator/Community Health Nurse 231-398-6610 or Teresa Johnson Community Health Representative at 231-398-6629.

Muskegon Four Season's **Kateri Circle Gathering for 2010**

Dates and Times for coming events Patti Wlodkowski 755-4865

- * Summer Gathering August 8, 10:30-3pm Krause Park, Muskegon
- * Halloween Gathering Oct. 17,11 am 4 pm costume party
- * Ghost Supper, Geba-geshick Nov. 7 11 am 4 pm

*Christmas Gathering Dec. 19, 11 am – 4 pm

Times for the Gatherings held at ST. Thomas Hall 3252 Apple Ave. Muskegon, MI

*The Time for the Summer Gathering will be 10:30 am to 3 pm which will be held at Krause Park {End of Sherman blvd.}

*For all gatherings it is requested that those attending the POTLUCK

bring a dish to passWe try to eat at noon for all gatherings
*For Halloween and Christmas gatherings we would like donations of candy so we can make up goodies bags for the children, with the extra going to everyone

Any person who wishes to sell their handmade items at our gatherings is welcome to do so, but you are responsible for your own items.....



Midwest Shamanic Gathering!

The annual gathering has been scheduled for September 4th, 5th and 6th at the Beaver Creek Reserve in Fall Creek, WI. Events begin at 11 a.m. Our own Jackie Red Woman will be one of the teachers! Go to www.MidwestShamanicGathering.com for more information or contact them at info@midwestshamanicgatehring.com

2-1-1 Available for Tribal Members

In the Manistee area, the 2-1-1 phone service has a tribal component. When you call the number looking for services, area information or other needs, if you identify yourself as being a Tribal Member, they will also help you to find tribalonly services. This has been coordinated with LRBOI Family Services, Members Assistance and other tribal government offices. Brochures and more information are available in some of the government offices. Just call 2-1-1 and let them help!

Commissions/Committees:

The following commissions have current openings.

Gaming Commission 2 openings Health Commission 2 openings Binojeeuk 2 openings LRCR Board 2 openings

All other commission seats available have been filled.

HIS & HERS GOOD FELLOWSHIP AA GROUP

HIS & HERS GOOD FELLOWSHIP AA GROUP has been moved to the Aki Community Center at 2953 Shaw Be Quo-Ung, Manistee. That is at the corner of Dontz Rd. and Shaw Be Quo-Ung (Aki Housing area). The group still meets at 7 p.m. every Thursday evening.

TRIBAL COUNCIL Wisconsin Open House.

The Tribal Council is planning an open house in Wisconsin on September 11th. Notices will be published in the Rapid River News and on the Website (www.lrboi.com) on the exact location and time for the event.

Legislative Recess The next scheduled Legislative Recess is August 30 through September 3.





HUNTER SAFETY CLASS

SEPTEMBER 17TH AT 6:00 P.M. TILL 9:00 WHEN:

P.M.

SEPTEMBER 18TH AT 9:00 A.M. TILL

5:00P.M.

WHERE: 3031 DOMRES RD. MANISTEE MI 49660

CONTACT: LRBOI DPEARTMENT OF PUBLIC

SAFETY

Call 231-398-3413 TO REGISTER

Or sign up by e-mail ymcshane@lrboi.com

Please call and sign up for the class, space is limited. Ask for Yvonne. All materials and equipment provided. Parts of the class will be outdoors, so please dress accordingly. Class sponsored by L.R.B.O.I. Conservation Enforcement

Vouchers for Newly Hired Tribal Citizens

LRBOI Tribal Citizens at least 18 years of age who are newly hired may qualify for a Career Assistance Voucher of \$200.00 and/or an Employment Daycare Assistance Voucher of \$250.00 through the LRBOI Workforce Development Program. If you are a new hire, please contact the Workforce Development Specialist within 30 days of hire at 231-398-6842, toll free at 1-888-723-8288 extension 6842, or by e-mail at

dhawley@lrboi.com.

Positive Indian Parenting

Honoring Our Children by Honoring our Traditions

Little River Band of Ottawa Indians Family Services Department

Positive Indian Parenting Program

Where:

Muskegon Tribal Center 1101 W. Hackley Avenue Muskegon MI 49441

Every Wednesday starting July 7 through August 25 5:30 pm - 7:30 pm

More information? Call Kathy Lagerquist, Co-Facilitator 231-398-6705 Shelly Keguam, Co-Facilitator 231-398-6707 Melissa Sharlow, Muskegon Office 231-398-6651

Gzhiijwang Ziibi Dabaadjimowin

Government news you can use

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From L.R.B.O.S.

This information is subject to change without prior notice. Updated:8/10/10 If you are interested in a hearing, please call the Tribal Court office (231-398-3406) the day before to confirm the schedule.

CO - Cora Offense/Conservation

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DM - Divorce with children EB - Election Board Appeal

FSJ - Foreign Support Judgment

GM - Guardianship of Minor

JV - Juvenile

NC - Name Change

TA - Trust Access

CS - Child Support

DO - Divorce w/o children

EM - Emancipation of Minor GA - Gaming Appeal

GR - Employment Matter

LT - Landlord Tenant

PF - Probate

TM - Tribal Misdemeanor

CT - Civil Ticket

EA - Enrollment Appeal FJ - Foreign Judgment

GC - General Civil

JC - Judicial Complaint

NA - Neglect Abuse

PPO - Personal Protection Order

WC - Workmen's Compensation

Friday, August 26, 2010; Judge Sherigan

10:00 a.m. 09053NA - Closed Neglect/Abuse Closed Hrg.

Monday, August 30, 2010; Judge Bailey

9:30 a.m. 10122DO - Vert v. Vert Final Divorce

10:30 a.m. 09273TM - LRBOI v. Smith Trial

2:00 p.m. 09253DM - Miller v. Miller Final Divorce

Monday, August 30, 2010; Judge Bailey

9:30 a.m. 10122DO - Vert v. Vert Final Divorce

10:30 a.m. 09273TM - LRBOI v. Smith Trial

2:00 p.m. 09253DM - Miller v. Miller Final Di-

vorce

3:00 p.m. 09236CO - LRBOI v. Eagle Show Cause

3:30 p.m. 09277CO - LRBOI v. Koon Show Cause

4:00 p.m. 10029TM - LRBOI v. East Show Cause

Court Docket

The Traditional Woman of the Pokagon Band Community are hosting the 3rd Annual Sunrise Ceremony & Women's Water Walk Friday September 3, 2010 at 7am Ceremony & Walk begins at our Gage St Property & ends at Rodgers Lake



Dowagiac, Mi 49047 This walk is held every year before the Kee-Boon-Mein-Kaa Powwow to honor the waters of the Pokagon Band homelands. Everyone who wishes to support the women & their effort is welcome to join in on the walk. For more information, contact Alycia at 231-578-4373

Compiled by the Office of Public Affairs

If you have any specific questions, ideas or comments regarding this information, please address them to: The Office of Public Affairs, LRBOI, 375 River Street, Manistee, MI. 49660. 231-398-6840. Or send them direct to currentscomments@lrboi.com . Your comments will be forwarded to the right person at the tribal government within 24 hours.





Aki Community Center Elder Meal Program Menu SEPTEMBER 2010

September is Senior National Preparedness Month— to encourage awareness to prepare for and respond to emergencies in your homes, natural disasters and terrorist attacks.

Elder Activities: Activities will begin after meal at 1 p.m.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Meals served at Noon	All others are welcome for		Turkey Sandwich	2	Breaded Cod	
no charge to Elders	a nominal charge not to		Apple Salad		Rice	
d Spouse who have	exceed \$5.00.		Tropical Fruit		Green Beans Amandine	
mpleted the Intake	Donations are appreciated		Orange Juice		Banana	
orm.	and are used for program				Pudding	
	activities and food.		Activity:			
			CARD Playing Day!			
5	6	7	Chicken Salad Sandwich 8	9	Hot Dog	
	Office Closed	Elder Activity:	Pasta Salad	9	French Fries	
		Wii Bowling 1 p.m.	Lettuce and Tomato		Baked beans	
	Happy Labor Day !!!!		Carrot Coin		Apricots	
			Chilled Prunes & Pears		Orange Juice	
			Activity:			
			NPM Workshop			
12	Salisbury Steak 13	14	Chicken Tenders	16	Pot Roast 17	
	Roasted Potato	Elder Activity:	Macaroni n Cheese	10	Red potato	
	Lima Beans	Wii Bowling 1 p.m.	Broccoli		Carrot	
	Fruit		Strawberries and banana		Oranges	
	Apple Juice		Juice		Graham Crackers	
					Activity:	
					MOVIE DAY!!	
19	Traditional Lunch 20	21	Turkey & Swiss	23	Hamburger 24	
	Salmon	Office Closed	Cucumber Onion Salad		Relish plate	
	Minced Meat Pie	T 1 1 D CC D	Let and Tom		French Fries	
	Hominy Soup	Tribal Reaffirmation Day	Red Potato Salad		Baked Beans	
	Fry Bread		Peach Crisp		Sunny Pears	
	Pumpkin Pie		Orange Juice			
			Activity: Prize Bingo!!			_
26	Smothered Pork Chop Mashed Potato 27	Elder Activity: 28	Oven Fried Fish Sweet Potato Fries 29	30		Drinks: Coffee
	Peas and Peppers	Wii Bowling 1 p.m.	Snap Peas			Tea
	Roll	wii bowing 1 p.m.	Corn Bread			Milk
	Tapioca and Orange		Angle Food Cake			Water
	Apple Juice		ringic rood cake			vv acci
	Trade a book Day!					
	1 u book buy.					

Please contact Noelle Cross with any questions Phone: 231-398-6886 Email: ncross@lrboi.com

Please register the days you intend to have lunch a week in advance—Contact June Sam Phone: 398-6880

SAVE THE DATE:

With a grant from Michigan Injury Violence Prevention and Michigan Department of Community Health we are able to hold an :ASIST(Applied Suicide intervention Skills Training)

A two-day Suicide first aid interactive workshop for our Tribal community

Wenesh Pii: September 14 & 15, 2010 8:30am -4:00pm - Workshop

Aanii Pish: Little River Band Administrative Building, 1762 US 31, South, Manistee

ASIST provides practical training for caregivers seeking to prevent the immediate risk of suicide.

Participants often include: workers in health care, welfare or justice, health practitioners, counselor, teachers, ministers, emergency responders, community volunteers and people concerned about family and friends.

Stay tuned for more details and registration information !!!!!

Any question contact: Julie Wolfe, CPS-M 231.398.6740 or jwolfe@lrboi.com

The emphasis of the ASIST workshop is on suicide first aid, on helping a person at risk stay safe and seek further help. Attendance at the full two days is essential. Learn how to:

- * Recognize invitations for help
- * Reach out and offer support
- * Review the risk of suicide
- * Apply a suicide intervention model
- * Link people with community resources

Naagadoodaa Anishinaabe Bimaadiziwin Meeting

The Naagadoodaa Anishinaabe Bimaadizwin, group, would like invite Traditional Tribal Citizens to join us to discuss issues of cultural importance.

The Naagadoodaa Anishinaabe Bimaadiziwin group was created so the Traditional Practitioners of our Tribe could discuss concerns of a cultural matter.

The sole purpose for these meetings is to provide access to our cultural heritage, traditional and ceremonial lifeways, and the belief that our cultural heritage should be passed on, preserved and be an important part in our everyday lives.

Together we can bring back our cultural lifeways.

COME AND JOIN US IN SOME THOUGHT PROVOCKING
CULTURALLY RELATED DISCUSSIONS

Time: 12:00

Date: Wednesday, September 4, 2010

Location: Justice Center, Peacemaking/Probation Office

Please bring a dish to pass,